



## Year 1 (KS1) RHE Curriculum Sections Overview

Relationships		Living in the Wider World
Family	Friends	Community
<b>What makes a family?</b> Fa1) Who's in my family?	<b>Keeping friendships healthy</b> Fr1) Who is my friend? Fr2) What makes a good friend? Fr3) Should friends tell us what to do? Fr4) How do we stop [physical] bullying?	<b>Online Safety</b> Os1) Screen time [L1] Os2) Personal information [S1] <i>[The codes in square brackets reference the Sheffield Primary Online Safety Curriculum]</i>

## Health and Wellbeing

Mental Wellbeing	Physical Health
<b>Understanding my feelings</b> M1) Where do feelings come from? M3) What helps me to be happy?	<b>Staying healthy</b> P1) How do I help my body stay healthy?

## Growing Up Safe Programme (BigTalk Education)

- 1) Caring Friendships
- 2) Respectful Relationships
- 3) Online Relationships
- 5) Being Safe



## Year 2 (KS1) RHE Curriculum Sections Overview

Relationships		Living in the Wider World
Family	Friends	Community
<p><b>What makes a family?</b></p> <p>Fa2) Do Families always stay the same?</p> <p>Fa3) How should families treat each other?</p> <p>Fa4) When should I say no?</p> <p>Fa5) Who owns my body? I do!</p> <p>Fa6) Are all families the same?</p>	<p><b>Keeping friendships healthy</b></p> <p>Fr4) How do we stop bullying?</p>	<p><b>Our Communities</b></p> <p>C1) How do we make a happy school?</p> <p>C2) Who lives in my neighbourhood?</p> <p><b>Online Safety</b></p> <p>Os2) Personal information [S1]</p> <p>Os3) Online strangers [P1]</p> <p>Os4) Fake News [N1]</p> <p><i>[The codes in square brackets reference the Sheffield Primary Online Safety Curriculum]</i></p>

## Health and Wellbeing

Mental Wellbeing	Physical Health
<p><b>Understanding my feelings</b></p> <p>M2) Who am I?</p>	<p><b>Staying healthy</b></p> <p>P2) How do I decide what to eat?</p> <p>P3) How do we stop getting ill?</p> <p>P4) How can I stay safe?</p>

## Growing Up Safe Programme (BigTalk Education)

- 1) Caring Friendship
- 2) Respectful Relationships
- 3) Online Relationships
- 4) Online Safety and Harms (Health Education)
- 5) Being Safe



## Year 3 (LKS2) RHE Curriculum Sections Overview

Relationships		Living in the Wider World
Family	Friends	Community
<p><b>What makes a family?</b></p> <p>Fa1) Do Families always stay the same?</p> <p>Fa2) Are all families like mine?</p>	<p><b>Keeping friendships healthy</b></p> <p>Fr1) What makes a good friend?</p>	<p><b>Our Communities</b></p> <p>C1) How do we make the world fair?</p> <p><b>Online Safety</b></p> <p>Os1) Online strangers [P1]</p> <p>Os2) Sharing Online [P2]</p> <p>Os3) Friendship Online [S1]</p> <p>Os4) Personal Information [C2]</p> <p><i>[The codes in square brackets reference the Sheffield Primary Online Safety Curriculum]</i></p>

## Health and Wellbeing

Mental Wellbeing	Physical Health
<p><b>Understanding My Feelings</b></p> <p>M1) How do I manage my feelings?</p>	<p><b>Staying healthy</b></p> <p>P1) How do I keep my body healthy?</p> <p>P2) How do I get a healthy diet?</p>

## Growing Up Safe Programme (BigTalk Education)

- 1) Caring Friendships
- 2) Respectful Relationships
- 3) Online Relationships
- 4) Online Safety and Harms (Health Education)
- 5) Being Safe



## Year 4 (LKS2) RHE Curriculum Sections Overview

Relationships		Living in the Wider World
Family	Friends	Community
<p><b>What makes a family?</b></p> <p>Fa3) How should we treat people who are different?</p> <p>[UKS2] Fa1) Why do some people get married?</p>	<p><b>Keeping friendships healthy</b></p> <p>Fr2) Are all friends the same?</p> <p>Fr3) Are friendships always fun?</p> <p>[UKS2] Fr2) Can we be different and still be friends?</p>	<p><b>Our Communities</b></p> <p>C2) Where do you feel like you belong?</p> <p>C3) How can we help the people around us?</p> <p><b>Online Safety</b></p> <p>Os5) Digital Media [N1]</p> <p>Os6) Verifying content and echo chambers [N3]</p> <p><i>[The codes in square brackets reference the Sheffield Primary Online Safety Curriculum]</i></p>

## Health and Wellbeing

Mental Wellbeing	Physical Health
<p><b>Understanding My Feelings</b></p> <p>M2) Are we happy all the time?</p> <p>[UKS2] M1) Does everybody have the same feelings?</p>	<p><b>Staying healthy</b></p> <p>P3) How do I stop getting ill?</p> <p>[UKS2] P2) How can I stay fit and healthy?</p>

## Growing Up Safe Programme (BigTalk Education)

- 1) Caring Friendships
- 2) Respectful Relationships
- 3) Online Relationships
- 4) Online Safety and Harms (Health Education)
- 5) Being Safe



## Year 5 (UKS2) RHE Curriculum Sections Overview

Relationships		Living in the Wider World
Family	Friends	Community
<p><b>What makes a family?</b></p> <p>Fa2) Are families ever perfect?</p> <p>Fa3) Is there such a thing as a 'normal' family?</p>	<p><b>Keeping friendships healthy</b></p> <p>Fr1) What makes a close friend?</p> <p>Fr3) Should friends tell us what to do?</p>	<p><b>Our Communities</b></p> <p>C4) How can I be a great citizen?</p> <p>C5a) Why is money important?</p> <p>C5b) How should I spend my money?</p> <p><b>Online Safety</b></p> <p>Os1) Control and consent [S1]</p> <p>Os2) Protecting our identity [P1]</p> <p>Os3) Meeting strangers online [P4]</p> <p>Os4) Personal Information, terms and conditions [C2]</p> <p>Os5) Analysing Digital Media [N1]</p> <p><i>[The codes in square brackets reference the Sheffield Primary Online Safety Curriculum]</i></p>

## Health and Wellbeing

Mental Wellbeing	Physical Health
<p><b>Understanding My Feelings</b></p> <p>M3) Why do we argue?</p> <p>M4) Who am I?</p>	<p><b>Staying healthy</b></p> <p>P1) Is there such a thing as the perfect body?</p> <p>P3) Can I avoid getting ill?</p>

## Growing Up Safe Programme (BigTalk Education)

- 1) National Curriculum for Science
- 2) Changing Adolescent Body (Health Education)
- 3) Reproduction
- 4) Reinforcement & Pupil Led Learning



## Year 6 (UKS2) RHE Curriculum Sections Overview

Relationships		Living in the Wider World
Family	Friends	Community
<p><b>What makes a family?</b></p>	<p><b>Keeping friendships healthy</b></p> <p>Fr1) What makes a close friend? (Y6-7 transition)</p> <p>Fr4) Why are some people unkind?</p> <p>Fr5) What are stereotypes?</p> <p>Fr6) How do I accept my friends for who they are?</p>	<p><b>Our Communities</b></p> <p>C1) What is prejudice?</p> <p>C2) What is the history of prejudice?</p> <p>C3) What should I do if I encounter prejudice?</p> <p>C6) What makes us feel like we belong?</p> <p>C7) What does it mean to be British?</p> <p><b>Online Safety</b></p> <p>Os6) Bias [N2]</p> <p>Os7) Echo Chambers [N5]</p> <p>Os8) Does the internet make us happy? [L1]</p> <p><i>[The codes in square brackets reference the Sheffield Primary Online Safety Curriculum]</i></p>

## Health and Wellbeing

Mental Wellbeing	Physical Health
<p><b>Understanding My Feelings</b></p> <p>M2) Should we be happy all the time?</p> <p>M5) Physical and Mental Wellbeing</p>	<p><b>Staying healthy</b></p> <p>P4) Why do some people take drugs?</p> <p>P5) Where should I get my health information?</p> <p>P6) How do I save a life?</p>

## Growing Up Safe Programme (BigTalk Education)

- 1) National Curriculum for Science
- 2) Changing Adolescent Body (Health Education)
- 3) Reproduction
- 4) Reinforcement & Pupil Led Learning