

Growing Up Safe Programme

This section details the curriculum included in our school's Growing Up Safe: Whole School Approach (GUS) programme, delivered in association with BigTalk Education, and is designed to complement and enhance what is already taught in school.

It is a spiral curriculum therefore pupils will see the same topics throughout their primary school career, with each encounter increasing in complexity and reinforcing previous learning. Consequently, the topics included for Nursery and KS1 are included right the way up until Year 6. The table below shows the curriculum as it relates to the topic areas included within the Department for Education's RSE Guidance, by the school years in which it is introduced. Some topics areas will only be reinforced once annually, for example reproduction. Working alongside school staff will be highly trained facilitators from BigTalk Education who will use their specialist knowledge to help answer children's questions about reproduction, puberty etc. in an age appropriate manner.

Parents/carers have the right to request that their child be withdrawn from some or all elements of sex education within our curriculum. Head teachers will automatically grant a request to withdraw a pupil from any sex education delivered, other than as part of the science curriculum.

Year Group(s)	Topic Area	Content
Nursery	Caring Friendships	How to recognise who to trust and who not to trust, how to judge when a friendship is making you feel unhappy or uncomfortable, how manage these situations and how to seek help or advice from others, if needed.
	Being Safe	That each persons' body belongs to them, and the differences between appropriate and inappropriate or unsafe physical and other, contact.
	Understanding the world	Teaching about the main external body parts.
Reception / Year 1	Caring Friendships	The characteristics of friendships, including mutual respect, truthfulness, trustworthiness, loyalty, trust, sharing interests and experiences and support with problems and difficulties.
	Respectful Relationships	The importance of permission-seeking and giving in relationships with friends, peers and adults.
	Online Relationships	That people sometimes behave differently online, including pretending to be someone they're not.
		That the same principles apply to online relationships as face-to-face relationships, including the importance of respect for others online including when we are anonymous.
		The rules and principles of keeping safe online, how to recognise risks, harmful content and contact, and how to report them.
		How to critically consider their online friendships and sources of information including awareness of the risks associated with people they have never met.
		How information and data is shared and used online.
About online risks, including that any material someone provides to another has the potential to be shared online and the difficulty of removing potentially compromising material placed online.		

	Being Safe	What sorts of boundaries are appropriate in friendships with peers and others (including in a digital context).
		About the law and consequences relating to content on and offline, including films, games, DVDs, TV programmes and inappropriate material.
		The impact of viewing harmful content.
Year 2 / Year 3 / Year 4	Caring Friendships	The characteristics of friendships, including mutual respect, truthfulness, trustworthiness, loyalty, trust, sharing interests and experiences and support with problems and difficulties.
	Respectful Relationships	The importance of self-confidence and positive body image, and how this links to their own happiness.
		That some children may feel different on the inside to how they look on the outside.
	Online Relationships	That people sometimes behave differently online, including pretending to be someone they're not.
		That the same principles apply to online relationships as face-to-face relationships, including the importance of respect for others online including when we are anonymous.
		The rules and principles of keeping safe online, how to recognise risks, harmful content and contact, and how to report them.
		How to critically consider their online friendships and sources of information including awareness of the risks associated with people they have never met.
		How information and data is shared and used online.
		About online risks, including that any material someone provides to another has the potential to be shared online and the difficulty of removing potentially compromising material placed online.
	Online Safety and Harms (Health Education)	Why social media, some computer games and online gaming, for example, have age restrictions.
Being Safe	What sorts of boundaries are appropriate in friendships with peers and others (including in digital context).	
	About the law and consequences relating to content on and offline, including films, games, DVDs, TV programmes and inappropriate material.	
Year 5 / Year 6	National Curriculum for Science	Teaching about changes to the human body as it grows from birth to old age including puberty.
	Changing Adolescent Body (Health Education)	Key facts about puberty and the changing adolescent body, particularly from age 9 through to age 11, including physical and emotional changes.
	Reproduction	About the structure and function of the male and female reproductive systems, that women and ovums and men produce sperm, when these combine a baby can be made, this is called 'sex', information on gestation and birth.



	Reinforcement & Pupil Led Learning	Reinforcement of the above and pupil led learning.
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